

**September Courses at St Margaret’s Centre**

Please note that these are for **current attendees only**. You can sign up to a maximum of **one per day**. Unfortunately we cannot accept new referrals at this time.

**Monday 14th September**

9-11.30am: Mindfulness Colouring with Olwyn

9.30am-12pm: Botanical Watercolours with Nicola

1-3.30pm: Pebble Painting with Olwyn

1.30-4pm: Intro to Phone Photography with Nicola

**Wednesday 16th September**

9-11.30am: Watercolours with Olwyn

9.30-10.30am: Music Therapy with Elizabeth

11am-12pm: Music Therapy with Elizabeth

1-3.30pm: Magnetic Crafts with Olwyn

1.30-2.30pm: Music Therapy with Elizabeth

3-4pm: Music Therapy with Elizabeth

**Thursday 17th September**

9-11.30am: Drawing Cute Creatures with Olwyn

9.30am-12pm: Botanical Pastels with Nicola

1-3.30pm: Dry Brush Painting with Olwyn

1.30-4pm: DIY Felt Plushie with Nicola

 **Friday 18th September**

9-11.30am: Mandalas with Olwyn

9.30am-12pm: Create Your Own Gift Tags with Nicola

1-3.30pm: Pastel Drawing with Olwyn

1.30-4pm: Mixed Media Cityscape Collage with Nicola

**Monday 21st September**

9-11.30am: Dry Brush Painting with Olwyn

9.30am-12pm: MDF Painting with Nicola

1-3.30pm: Pop-Up Cards with Olwyn

1.30-4pm: Walking Group with Nicola

**Wednesday 23rd September**

9-11.30am: Mindfulness Colouring with Olwyn

9.30-10.30am: Music Therapy with Elizabeth

11am-12pm: Music Therapy with Elizabeth

1-3.30pm: Drawing Cute Creatures with Olwyn

1.30-2.30pm: Music Therapy with Elizabeth

3-4pm: Music Therapy with Elizabeth

**Thursday 24th September**

9-11.30am: Felt Sewing with Olwyn

9.30am-12pm: Mixed Media Cityscape Collage with Nicola

1-3.30pm: Watercolours with Olwyn

1.30-4pm: Create Your Own Gift Tags with Nicola

**Friday 25th September**

9-11.30am: Pebble Painting with Olwyn

9.30am-12pm: Botanical Pastels with Nicola

1-3.30pm: Mandalas with Olwyn

1.30-4pm: DIY Felt Plushie with Nicola

**Monday 28th September**

9-11.30am: Dry Brush Painting with Olwyn

9.30am-12pm: Botanical Watercolours with Nicola

1-3.30pm: Felt Sewing with Olwyn

1.30-4pm: Intro to Phone Photography with Nicola

**Wednesday 30th September**

9-11.30am: Button Art Cards with Olwyn

9.30-10.30am: Music Therapy with Elizabeth

11am-12pm: Music Therapy with Elizabeth

1-3.30pm: Watercolours with Olwyn

1.30-2.30pm: Music Therapy with Elizabeth

3-4pm: Music Therapy with Elizabeth

**Thursday 1st October**

9-11.30am: Pastel Drawing with Olwyn

9.30am-12pm: Mixed Media Cityscape Collage with Nicola

1-3.30pm: Button Art Cards with Olwyn

1.30-4pm: Walking Group with Nicola

**Friday 2nd October**

9-11.30am: Fineliner Drawing with Olwyn

9.30am-12pm: MDF Painting with Nicola

1-3.30pm: Pastel Drawing with Olwyn

1.30-4pm: Create Your Own Gift Tags with Nicola