

Monday 30th November

9-11.30am: Watercolour Penguin Cards
9.30am-12pm: Card Making, a Christmas Forest
1-3.30pm: Copperplate Calligraphy
1.30-4pm: DIY Felt Plushie Bauble (Sewing)

Thursday 3rd December

9-11.30am: Jigsaw Wreath Christmas Card
9.30am-12pm: Create your Own Xmas Gift Tags
1-3.30pm: Festive Fineliners
1.30-4pm: DIY Christmas Cone Trees

Wednesday 2nd December

9-11.30am: Christmas Watercolours
9.30-10.30am: Music Therapy with Elizabeth
11am-12pm: Music Therapy with Elizabeth
1-3.30pm: MDF Christmas Decoration
1.30-2.30pm: Music Therapy with Elizabeth
3-4pm: Music Therapy with Elizabeth

Friday 4th December

- 9-11.30am: Optical Illusions (3D Bauble)
- 9.30am-12pm: Fabric Flower Brooch and Keyring (Sewing)
- 1-3.30pm: Jigsaw Wreath Christmas Card
- 1.30-4pm: Watercolour and Fineliner Xmas Cards



Monday 7th December

- 9-11.30am: Pop-Up Christmas Card (3D House)
- 9.30am-12pm: DIY Felt Plushie Bauble (Sewing)
- 1-3.30pm: Festive Fineliners
- 1.30-4pm: DIY Christmas Cone Trees

Tuesday 8th December

1-3.30pm: Maintaining Emotional Resilience (Andrea)

Wednesday 9th December

9-11.30am: Watercolour Penguin Cards
9.30-10.30am: Music Therapy with Elizabeth
11am-12pm: Music Therapy with Elizabeth
1-3.30pm: MDF Christmas Decoration
1.30-2.30pm: Music Therapy with Elizabeth
3-4pm: Music Therapy with Elizabeth

Thursday 10th December

- 9-11.30am: Jigsaw Wreath Christmas Card
- 9.30am-12pm: Card Making, a Christmas Forest
- 1-3.30pm: Copperplate Calligraphy
- 1.30-4pm: Fabric Flower Brooch and Keyring (Sewing)

Friday 11th December

- 9-11.30am: Word Play—Creative Writing
- 9.30am-12pm: Create your own Xmas Gift Tags
- 1-3.30pm: Christmas Watercolours
- 1.30-4pm: Watercolour and Fineliner Christmas Cards



Monday 14th December

- 9-11.30am: Jigsaw Wreath Christmas Cards
- 9.30am-12pm: DIY Felt Plushie Bauble (Sewing)
- 1-3.30pm: Christmas Watercolours
- 1.30-4pm: Fabric Flower Brooch and Keyring (Sewing)

Tuesday 15th December

1-3.30pm: Maintaining Emotional Resilience (Andrea)

Wednesday 16th December

9-11.30am: Brown Paper Christmas Cards
9.30-10.30am: Music Therapy with Elizabeth
11am-12pm: Music Therapy with Elizabeth
1-3.30pm: MDF Christmas Decoration
1.30-2.30pm: Music Therapy with Elizabeth
3-4pm: Music Therapy with Elizabeth

Thursday 17th December

9-11.30am: Watercolour Penguin Cards
9.30am-12pm: Create your own Xmas Gift Tags
1-3.30pm: Optical Illusions (3D Bauble)
1.30-4pm: Card Making, a Christmas Forest

Friday 18th December

9-11.30am: Snow Globe Gift Tags
9.30am-12pm: Watercolour and Fineliner Cards
1-3.30pm: Copperplate Calligraphy
1.30-4pm: DIY Christmas Cone Trees