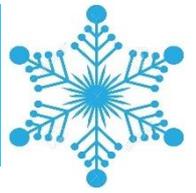




CLASSES - DECEMBER



To Book Classes Call: 0191 384 8100

MONDAY 6TH DECEMBER

Morning –

Calligraphy – 9.30am – 12pm - Olwyn (Craft Room)

Afternoon –

Life Coaching and Empowerment Course – 1pm – 3pm - Michelle (Continued)

Watercolour Cards – 1.30pm – 4pm - Olwyn (Craft Room)

TUESDAY 7TH DECEMBER

Morning –

Felt Plushie Xmas Tree – 9.30am – 12pm - Nicola (Room 3)

MDF Doughnut Coasters – 9.30am – 12pm - Olwyn (Craft Room)

Afternoon –

Woolly Xmas Tree Cones – 1.30pm – 4pm – Nicola (Room 3)

Watercolour Snowmen and Penguins – 1.30pm – 4pm – Olwyn (Craft Room)

WEDNESDAY 8TH DECEMBER

All day –

Social Day – 9am – 4pm (Both rooms) -

(Come and go as you please, 50p tea and coffee charge)

THURSDAY 9TH DECEMBER

All Day –

Social Day – 9am – 4pm (Craft Room) -

(Come and go as you please, 50p tea and coffee charge)

Afternoon -

Emotional Resilience Training – 1.30pm – 3.30pm – Support and Recovery Team (Room 2)

(This is a 6-week Course. If you would like any more information on this course, please speak to Nicola or Andrea. If you do book onto this course, please remember to put the following 5 Thursday afternoons in your diaries)

Please turn over for Fridays Classes.



CLASSES - DECEMBER

FRIDAY 10TH DECEMBER

Morning –

Papercraft Snowflake Decorations – 9.30am - 12pm – Nicola (Room 3)

One Stroke Christmas Painting – 9.30am – 12pm – Olwyn (Craft Room)

Afternoon –

Relax and Unwind Meditation Course – 1pm – 3pm – Margaret (Room 2) (Continued)

Textiles – 1.30pm – 3.30pm – Isabelle (Craft Room)

Quilled Paper Baubles – 1.30pm – 4pm Nicola (Room 3)

CLASSES - DECEMBER

MONDAY 13TH DECEMBER

Morning –

Christmas Pastel Drawing – 9.30am – 12pm – Olwyn (Craft Room)

Afternoon –

Life Coaching & Empowerment Course – 1pm – 3pm – Michelle (Room 2) (Final class)

Calligraphy – 1.30pm – 4pm – Olwyn (Craft Room)

TUESDAY 14TH DECEMBER

Morning –

Quilled Paper Baubles – 9.30am – 12pm – Nicola (Room 3)

Watercolour Cards – 9.30am – 12pm – Olwyn (Craft Room)

Afternoon –

Felt Plushie Xmas Tree – 1.30pm – 4pm – Nicola (Room 3)

One Stroke Christmas Painting – 1.30pm – 4pm – Olwyn (Craft Room)

WEDNESDAY 15TH DECEMBER

All day –

Social Day – 9am – 4pm (Both Rooms) -

(Come and go as you please, 50p tea and coffee charge)

THURSDAY 16TH DECEMBER

All day –

Social Day – 9am – 4pm (Craft Room)

(Come and go as you please, 50p tea and coffee charge)

Afternoon –

**Emotional Resilience Training – 1.30pm – 3.30pm – Support and Recovery (Room 2)
(Continued Course)**

Please turn over for Fridays Classes.

CLASSES - DECEMBER

FRIDAY 17TH DECEMBER

Morning –

Woolly Xmas Tree Cones – 9.30am – 12pm – Nicola (Room 3)

Watercolour Snowmen and Penguins - 9.30am – 12pm – Olwyn (Craft Room)

Afternoon –

Relax and Unwind Meditation Course – 1pm – 3pm – Margaret (Room 2) (Final Class)

Textiles – 1.30pm – 3.30pm - Isabelle (Craft Room)

Xmas Gift Bags and Tags – 1.30pm – 4pm – Nicola (Room 3)

CLASSES - DECEMBER

MONDAY 20TH DECEMBER

All Day –

Social Day – 9am – 4pm (Both Rooms)

(Come and go as you please, 50p tea and coffee charge)

TUESDAY 21ST DECEMBER

All Day –

Social Day – 9am – 4pm (Both Rooms)

(Come and go as you please, 50p tea and coffee charge)

WEDNESDAY 22ND DECEMBER

All Day –

Social Day – 9am – 4pm (Both Rooms) -

(Come and go as you please, 50p tea and coffee charge)

THURSDAY 23RD DECEMBER

CENTRE CLOSED

FRIDAY 24TH DECEMBER

CENTRE CLOSED

The centre will be closed from Thursday 23rd December over the Christmas period and will re-open on Tuesday 4th January 2022.

Please Turn over for the first week of January.

CLASSES - DECEMBER

TUESDAY 4TH JANUARY

All day –

Social Day – 9am – 4pm (Both Rooms)

(Come and go as you please, 50p tea and coffee charge)

WEDNESDAY 5TH JANUARY

All day -

Social day – 9am – 4pm (Both Rooms) –

(Come and go as you please, 50p tea and coffee charge)

THURSDAY 6TH JANUARY

All day –

Social day – 9am – 4pm (Craft Room) –

(Come and go as you please, 50p tea and coffee charge)

Afternoon –

Emotional Resilience Training – 1.30pm – 3.30pm – Support and Recovery (Room 2)

(Continued)

FRIDAY 7TH JANUARY

Morning -

Glass Jar Tealight Holders – 9.30am – 12pm – Nicola (Room 3)

MDF Doughnut Coasters – 9.30am – 12pm – Olwyn (Craft Room)

Afternoon –

Textiles – 1.30pm – 3.30pm – Isabelle (Craft Room)

Create a Surreal Collage – 1.30pm – 4pm – Nicola (Room 3)