

To Book Classes Call: 0191 384 8100



### **MONDAY 7<sup>TH</sup> FEBRUARY**

Morning -

3D Snoopy Valentines Card – 9.30am – 12pm – Olwyn (Room 3)

Stage Craft – 10.30am – 12.30pm – Michelle (Continued)

Afternoon –

Script Writing & Mental Health Awareness – 1.30pm – 3.30pm - Michelle - (Continued)

Jigsaw Heart Hanging Decoration – 1.30pm – 4pm – Olwyn (Craft Room)

#### **TUESDAY 8<sup>TH</sup> FEBRUARY**

Morning -

Origami Trinket Box – 9.30am – 12pm – Nicola (Room 3)

Calligraphy – 9.30am – 12pm – Olwyn (Craft room)

Afternoon –

Scrap Book Making Course – 1.30pm – 4pm – Nicola – Room 3 (Continued)

Watercolour Cards – 1.30pm – 4pm – Olwyn (Craft room)

### WEDNESDAY 9<sup>TH</sup> FEBRUARY

All day –

Social Day – 9am – 4pm – (Both rooms) -(Come and go as you please, 50p tea and coffee charge)

### THURSDAY 10<sup>TH</sup> FEBRUARY

All Day – **Social Day – 9am – 4pm – (Craft Room) -**(Come and go as you please, 50p tea and coffee charge)

Afternoon -

An Introduction to Modern Art Course (3 weeks) – 1.30pm – 4pm – John Dolan (Room 2)

- A light introduction into the background of modern art. On this course you will experiment and express yourself, exploring different mediums applied to a canvas which you will get to keep.

(If you book onto this course please pop the following 2 Thursdays in your diary)

## FRIDAY 11<sup>TH</sup> FEBRUARY

#### Morning -

#### Botanical Watercolour Calendar Course (3 weeks) - 9.30am – 12pm – Nicola (Room 3)

 Create your own 2022 Calendar. Your calendar will come decorated with seasonal Botanicals, which you will delicately hand paint with watercolours.
(If you book onto this course please pop the following two Fridays in your diary)

#### Drawing Cute Creatures Course (3 weeks) – 9.30am – 12pm – Olwyn (Craft room)

 In this course you will explore different techniques which will help you to draw whimsical creatures accurately. No need for tracing here!
(If you book onto this course please pop the following two Fridays in your diary)

Afternoon –

Textiles – 1.30pm – 3.30pm – Isabelle (Craft Room)

Felt Plushie Llama & Cactus Garland Course – 1.30pm – 4pm Nicola (Continued)

Meditation & Level 1 Stress Awareness Course – 2pm – 4pm – Margaret (Continued)

## MONDAY 14<sup>TH</sup> FEBRUARY

Morning -

Jigsaw Heart Hanging Decoration – 9.30am – 12pm – Olwyn (Craft Room)

Stage Craft Course – 10.30pm – 12.30pm – Michelle (Continued)

Afternoon –

Script Writing & Mental Health Awareness – 1.30pm – 3.30pm – Michelle - (Continued)

3D Snoopy Valentines Card – 1.30pm – 4pm – Olwyn (Craft Room)

## TUESDAY 15<sup>TH</sup> FEBRUARY

Morning –

Multi Medium Sunflower – 9.30am – 12pm – Nicola (Room 3)

 Creating a Sunflower using multiple mediums such as chalk pastels, watercolours, oil Pastels and fine liners.

Printed Wrapping Paper (Nordic Theme) – 9.30am – 12pm – Olwyn (Craft Room)

Afternoon –

Scrap Book Making – 1.30pm – 4pm – Nicola (Continued)

Bird Collage Card – 1.30pm – 4pm – Olwyn (Craft Room)

### WEDNESDAY 16<sup>TH</sup> FEBRUARY

All day –

Social Day – 9am – 4pm – (Both Rooms) -(Come and go as you please, 50p tea and coffee charge)

### THURSDAY 17<sup>TH</sup> FEBRUARY

All day –

Social Day – 9am – 4pm - (Craft Room) -

(Come and go as you please, 50p tea and coffee charge)

Afternoon –

An Introduction to Modern Art (3 weeks) – 1.30pm – 4pm – John Dolan (Continued)

## FRIDAY 18<sup>TH</sup> FEBRUARY

Morning –

Botanical Watercolour Calendar Course (3 weeks) - 9.30am – 12pm – Nicola (Continued)

Drawing Cute Creatures (3 weeks) – 9.30am – 12pm – Olwyn (Continued)

Afternoon –

Textiles – 1.30pm – 3.30pm – Isabelle (Craft Room)

Felt Plushie Llama & Cactus Garland Course – 1.30pm – 4pm – Nicola (Continued)

Meditation & Level 1 Stress Awareness Course – 2pm – 4pm – Margaret (Continued)

## MONDAY 21<sup>ST</sup> FEBRUARY

Morning -

Dry Brush Painting – 9.30am – 12pm – Olwyn (Room 3)

Stage Craft Course – 10.30am – 12.30pm – Michelle (Continued)

Afternoon -

Script Writing & Mental Health Awareness – 1.30pm – 3.30pm – Michelle (Continued)

MDF Painting – 1.30pm – 4pm – Olwyn (Craft Room)

#### TUESDAY 22<sup>ND</sup> FEBRUARY

Morning –

Multi Medium Sunflower – 9.30am – 12pm – Nicola (Room 3)

 Creating a Sunflower using multiple mediums such as chalk pastels, watercolours, oil Pastels and fine liners.

Bird Collage Card – 9.30am – 12pm – Olwyn (Craft Room)

Afternoon –

Gentle Chair Exercise Class & Eating Well – 1.30pm – 3.30pm – Nicola (Room 2)

Calligraphy – 1.30pm – 4pm – Olwyn (Craft Room)

#### WEDNESDAY 23<sup>RD</sup> FEBRUARY

All Day –

Social Day – 9am – 4pm – (Both Rooms) -

(Come and go as you please, 50p tea and coffee charge)

#### **THURSDAY 24<sup>TH</sup> FEBRUARY**

All day – **Social day – 9am – 4pm – (Craft Room) -**(Come and go as you please, 50p tea and coffee charge) Afternoon – **An Introduction to Modern Art (Final Class) – 1.30pm – 4pm – John Dolan (Continued)** 

### FRIDAY 25<sup>TH</sup> FEBRUARY

Morning –

Botanical Watercolour Calendar Course (Final Class) – 9.30am – 12pm – Nicola (Continued)

Drawing Cute Creatures Course (Final Class) – 9.30am – 12pm – Olwyn (Continued)

Afternoon –

Textiles – 1.30pm – 3.30pm – Isabelle (Craft Room)

Felt Plushie Llama & Cactus Garland Course – 1.30pm – 4pm – Nicola (Continued)

Meditation & Level 1 Stress Awareness Course – 2pm – 4pm – Margaret (Continued)

### MONDAY 28<sup>TH</sup> FEBRUARY

Morning -

MDF Painting – 9.30am – 12pm – Olwyn (Room 3)

Stage Craft Course – 10.30am – 12.30pm – Michelle (Continued)

Afternoon –

Script Writing & Mental Health Awareness – 1.30pm – 3.30pm – Michelle (Continued)

Printed Wrapping Paper (Nordic Theme) – 1.30pm – 4pm – Olwyn (Craft Room)

#### TUESDAY 1<sup>ST</sup> MARCH

#### Morning -

#### Multi Medium Sunflower – 9.30am – 12pm – Nicola (Room 3)

- Creating a Sunflower using multiple mediums such as chalk pastels, watercolours, oil Pastels and fine liners.

Watercolour Cards – 9.30am – 12pm – Olwyn (Craft Room)

Afternoon –

Gentle Chair Exercise Class & Eating Well – 1.30pm – 3.30pm – Nicola (Room 2)

Calligraphy – 1.30pm – 4pm – Olwyn (Craft room)

#### WEDNESDAY 2<sup>ND</sup> MARCH

All day -

Social day – 9am – 4pm – (Both Rooms) –

(Come and go as you please, 50p tea and coffee charge)

#### THURSDAY 3<sup>RD</sup> MARCH

All day –

Social day - 9am - 4pm - (Craft Room) -

(Come and go as you please, 50p tea and coffee charge)

## FRIDAY 4<sup>TH</sup> MARCH

Morning -

Origami Trinket Box – 9.30am – 12pm – Nicola (Room 3)

Dry Brush Painting – 9.30am – 12pm – Olwyn (Craft room)

Afternoon –

Meditation & Level 1 Stress Awareness Course – 2pm – 4pm – Margaret (Continued)

Textiles – 1.30pm – 3.30pm – Isabelle (Craft Room)

Walking Group – 1.30pm – 3.30pm – Nicola (Meet in room 3)